

Cuff: With MC cast on 64 (72) stitches evenly onto 4 dp needles, and join to work in rounds. Work K1, P1 ribbing for 2".

Leg: Using MC, knit next round, increasing 6 (8) evenly around. Begin pattern stitch, stranding the yarn behind the slipped stitches loosely, so the fabric has some stretch. Slip all the slip stitches purlwise, with the yarn in back. Work pattern until sock measures 8" from cuff. End with either round 16 or 32 of pattern repeat.

Garter Ridge Heel Flap: Leaving the 35 (40) instep stitches on needles and using CC, work heel flap back and forth over 35 (40) remaining stitches.

Row1: Knit 3, (large size **only**, inc 1 stitch in next stitch) knit to end. 35 (41) stitches.

Row2: Knit 3, Purl until last 3 stitches, K3. Begin heel stitch on next row.

Heel Stitch:

Row 1: Knit 3, (S1, K1) repeat across to last 3 stitches, K3.

Row 2: Knit 3, purl to last 3 stitches, K3.

Repeat these 2 rows until heel flap is the desired length, usually 2.25–2.5". On last row K3, purl to last 5 stitches, P2 tog, K3.) 34 (40) stitches.

Turn Heel: Work in short rows over heel flap stitches. The center stitches form the base of the heel as the side stitches are "eaten" by the decreases.

Row 1: sl 1, k22 (26), ssk, Turn

Row 2: sl 1, p 12 (14), p2tog, Turn

Row 3: sl 1, k 12 (14), ssk, Turn

Ending with row 2, repeat rows 2 & 3 until all stitches are used and there are 14 (16) stitches on the needle.

Gusset: With MC knit first 7 (8) stitches. Rounds now start in middle of heel flap.

With new needle (needle 1), pick up 1 stitch at the edge of each garter ridge along the heel flap. Work across instep (needles 2 & 3) in instep pattern. Pick up and knit 1 stitch at the edge of each garter ridge along the other side of the heel flap, work remaining 7 (8) stitches (needle 4).

Needles 1 and 4 should have the same number of stitches, these are for the foot. Working instep stitches in instep pattern and foot stitches in stockinette, knit 1 row. *Next row, knit to last 2 stitches on needle 1, K2tog. Work instep stitches on needles 2 & 3. On needle 4, ssk, knit to end. Work 2 rounds even. Repeat from * until there are 16 (18) st on each needle 64 (72) st total.

Foot: Continue working as established (pattern on instep stitches and stockinette on bottom of foot stitches) until sock is 2" less than desired foot length. End with either row 2 or row 4 of pattern.

Toe: Dec. row: needle 1: Knit to last 3 st. k2tog, k1. Needle 2: k1, ssk, knit to end. Needle 3: Knit to last 3 st. k2tog, k1. Needle 4: k1, ssk, knit to end. Work 3 rounds even, (work dec. row, work 2 rows even) twice, (work dec. row, work 1 row even) 3 times. Work dec. row each round until 8 sts remain on needles. Graft stitches together to close toe.

